

Guidance notes for Castleton

- Please do not attend your lesson if your child or any family member has Covid 19 symptoms.
- Swimmers will need to attend “Beach Ready” with costumes underneath their clothing or robe.
- We advise where possible that swimmers bring along their own floatation devices; training floats and goggles to avoid cross contamination.
- All our floatation aids will be cleaned and sterilised before and after each group.
- On arrival parents must wear masks (Hand sanitiser station is also available). They can use the upstairs viewing gallery but must abide by the marker points on the floor for social distancing. There are 13 places in the gallery for parents to watch from.
- Children must remove their shoes before entering the poolside and must not put them back on until they have left the poolside.
- On entering the poolside girls will go to the left and boys to the right entering the changing rooms by the middle door on the poolside. There are 13 cubicles in the girls side and 10 in the boys. These along with benches and lockers can be used and clothing left during the lesson.
- Once the lesson has been completed, they will be able to have a quick shower and then dry and change exiting by the same door as they came in.

N.B. Lessons must be pre-booked and paid for online as no payments can be taken on poolside.

Invoices will be sent to parents with a link for payment. We are aware that some parents have paid for either 4 or 8 weeks and the outstanding amounts for one or five weeks owed will be deducted from the invoice total. Please note entrance will not be permitted if payment has not been received.

We appreciate your support and patience during these challenging times

Feel free to contact us if you have any worries or concerns

Mark, Sharon and the Bears Team

